



IN CONJUNCTION WITH  
NORRISTOWN STATE HOSPITAL  
CONTINUING EDUCATION PROGRAM

## **Impermanence...Fancy Word or the Reality of Everyday Life?**

**Presented by: Rocio Nell, MD, CPE and Guest**

This is an **intermediate** level presentation designed for the psychologists, providers and the general public. This presentation will help to recognize that loss is part of the reality of life that can help cope with loss.

**Thursday, June 6, 2013   ♦   8:30 am to 11:45 am**

**MCES Board Room**

This workshop is designated for **three (3)** credit hours. Satisfaction surveys must be completed as demonstration of attendance earning credit hours. Workshop must be attended in its entirety to earn credit. Norristown State Hospital is approved by the American Psychological Association to sponsor continuing education for psychologists. Norristown State Hospital maintains responsibility for this program and its content.

### **Description & Learning Objectives**

Impermanence, the fact that everything is transient and is one reality that we tend to resist. It is this resistance that causes most suffering.

This workshop is designed to help you:

1. Describe mental health attitudes about loss.
2. Discuss ways of coping with despair and loss.
3. Explain ways to relate to others who are overwhelmed with loss.

### **Presenter Information**

Dr. Nell is a board certified psychiatrist in general and forensic psychiatry. As well, she is a Certified Physician Executive. In addition to their administrative duties, Dr. Nell is a forensic consultant to the courts and provides outpatient services, mostly to those with special needs, such as developmentally disabled behavioral health issues. She has been recognized on two occasions by the National Alliance for the Mentally Ill as an exemplary psychiatrist.