



IN CONJUNCTION WITH  
NORRISTOWN STATE HOSPITAL  
CONTINUING EDUCATION PROGRAM

**The Hidden Factor  
The Impact of Trauma in Behavioral Health Practice**

**Presented by: Kathleen Burns, BSN, RN; Jessica Celestin, MSW, CCDP-D;  
Naomi Finkel, RN; Rocio Nell, MD, CPE**

This is an **intermediate** level presentation designed for psychologists and providers. The intent is to help recognize trauma as a factor in clinical presentations, identify ways to address it and prevent retraumatizing experiences for the sufferers of behavioral health problems.

**Thursday, June 6, 2013 ◆ 1:00 pm to 4:15 pm**

**MCES Board Room**

This workshop is designated for **three (3)** credit hours. Satisfaction surveys must be completed as demonstration of attendance earning credit hours. Workshop must be attended in its entirety to earn credit. Norristown State Hospital is approved by the American Psychological Association to sponsor continuing education for psychologists. Norristown State Hospital maintains responsibility for this program and its content.

**Description & Learning Objectives**

Trauma is prevalent in people who present with behavioral health issues. It can present itself as Posttraumatic Stress Disorder, but also with many other clinical symptoms that have in common avoidance, so it is the skillful clinician who can identify its presence and address it in a manner that opens the door to the path of recovery.

This workshop is designed to help you:

1. Describe trauma and how to identify it.
2. Discuss the prevalence of trauma.
3. Explain how to incorporate trauma awareness in any type of best practice.

**Presenter Information**

Ms. Burns is a Registered Nurse specializing in jail diversion for individuals with mental health problems who have criminal justice involvement. She is a member of the Mobile Medical Crisis Intervention Team, and a Certified Aging and Adult Protective Service Worker, helping the elderly who are abused, neglected and/or exploited. Ms. Burns is actively involved with the newly developed Montgomery County Behavioral Health Court Program as part of MCES Justice Related Services (JRS). She recently became a member of the Advisory Committee for the Community Advocates of Montgomery County.

Ms. Celestin directs the Allied Therapy Department at MCES and supervises certified peer specialists. She participates on the Trauma Task Forces both for MCES and Montgomery County and participates in the monthly CSP meeting. She graduated with an MSW from Millersville University and she is a licensed social worker. Ms. Celestin is also a Certified Co-Occurring Disorders Professional Diplomat.

Ms. Finkel has been a registered nurse at MCES for 30 years and is the Chairperson of the Trauma Environment Team at MCES.

Dr. Nell is a board certified psychiatrist in general and forensic psychiatry. As well, she is a Certified Physician Executive. In addition to their administrative duties, Dr. Nell is a forensic consultant to the courts and provides outpatient services, mostly to those with special needs, such as developmentally disabled behavioral health issues. She has been recognized on two occasions by the National Alliance for the Mentally Ill as an exemplary psychiatrist.